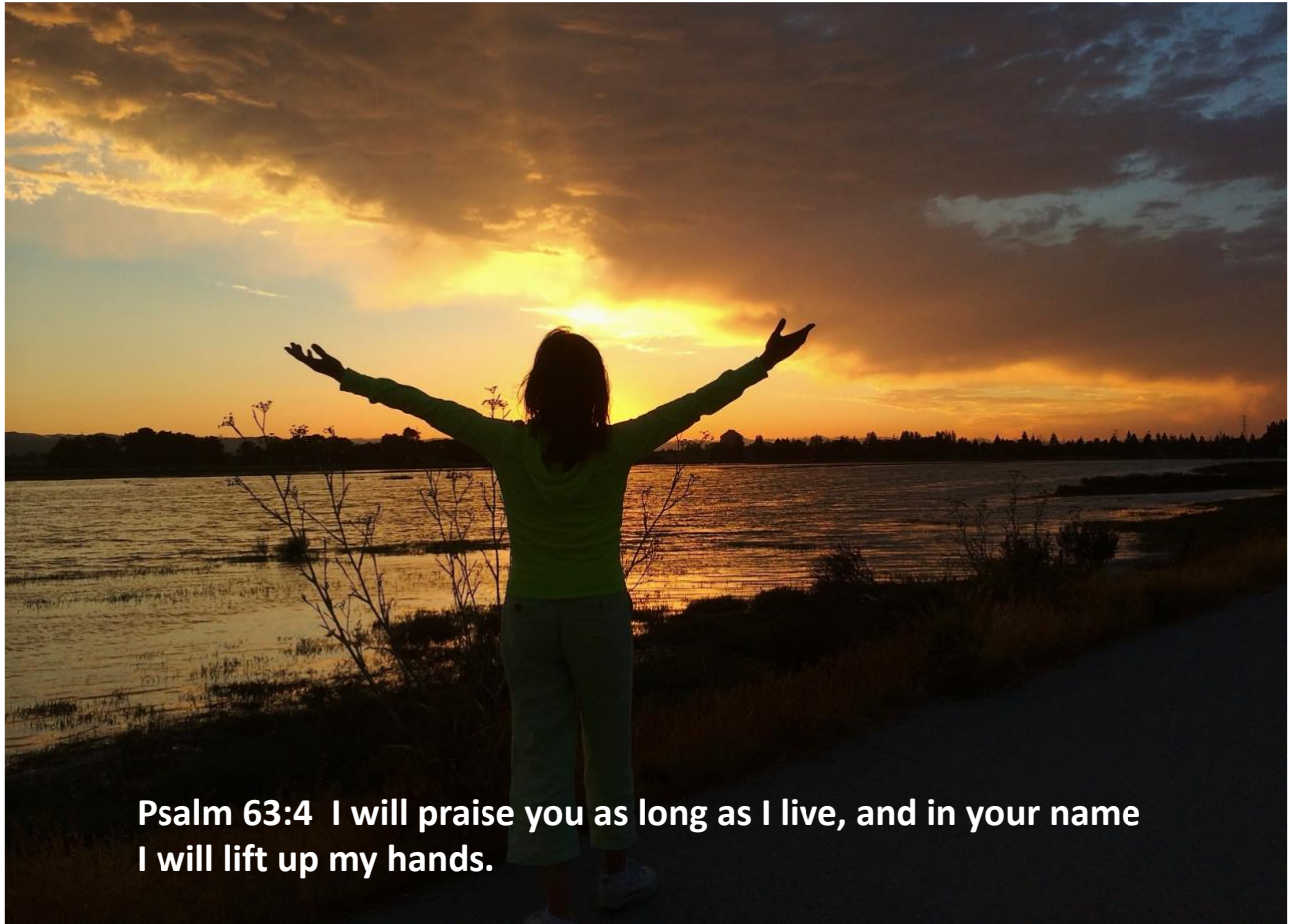


PRAISE GOD AS LONG AS I LIVE



Psalm 63:4 I will praise you as long as I live, and in your name I will lift up my hands.

We should praise God always. This is a good reminder especially in the beginning of the year. This psalm was written by King David while he was in the wilderness. In the beginning of this psalm, he described his thirst in the dry land as the thirst for God. Under a difficult situation, he still praised God.

1. Praise God as long as I live – This is an expression of dedication and commitment. We need to commit ourselves to remember His attributes and deeds so that we can continuously praise Him. When we focused on His attributes and deeds, we can praise Him even under a difficult situation.

2. In your name to praise – The two verses before Psalm 63:4 are “I have seen you in the sanctuary and beheld your power and your glory. Because your love is better than life, my lips will glorify you.” David thought of God’s attributes/names such as YHWH, Almighty God, Love and God of glory. What other attributes or names you can think of to praise God?

3. I lift up my hands – We often do that to show the internal desire and reverence for God. Thus, using your body in praise should be an expression from your heart!